



Selection Criteria Canadian Mountain Running 2016 National Teams



Selection Criteria for the 32nd World Mountain Running Championships September 11th, 2016 in Sapareva Banya, Bulgaria

Senior Athletes

Men:

- The top five men at the Canadian Championships in Squamish, BC on June 25, 2016 will be automatically selected for the World Championship team.
- If one or more of the automatic qualifiers decline their spots, additional athletes will be selected based on the “at-large” criteria, with a preference for those who competed at the national championships
- One man will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, the Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2015 and 2016.

Women:

- The top three women at the Canadian Championships in Squamish, BC on June 25, 2016 will be automatically selected for the World Championship team.
- If one or more of the automatic qualifiers decline their spots, additional athletes will be selected based on the “at-large” criteria, with a preference for those who competed at the national championships
- One woman will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2015 and 2016.

Junior Athletes (16- to 19-years old as of 31 December, 2016)

Men:

- the top male finisher will be selected from the junior race at the Canadian Championships in Squamish, BC on June 25, 2016.
- up to three additional junior athletes selected from the top 4 (or deeper if a spot is declined) or based on performances at the Regional Mountain Running Qualifying Series, Canadian, World and NACAC Championships, or other trail/road/track races in 2015 and 2016, **IF** the athletes demonstrate ‘competitive readiness’

Women:

- the top female finisher will be selected from the junior race at the Canadian Championships in Squamish, BC on June 25, 2016.
- up to two additional junior athletes selected from the top 3 (or deeper if a spot is declined) or based on performances at the Regional Mountain Running Qualifying Series, Canadian, World and NACAC Championships, or other trail/road/track races in 2015 and 2016, **IF** the athletes demonstrate ‘competitive readiness’

Competitive readiness will be determined by the selection committee based on at least the following: distance behind the winner, overall finishing times and potential placing at Worlds. The selection committee **reserves the right not to send any** junior athletes if it believes that no athlete would finish within 25% of the winning time at Worlds.

Selection must be accepted or declined by Saturday, July 8th, 2016.

If any of these athletes decline their selection, the remaining spots will be selected by the committee based on performances during the 2015 mountain running season or other trail/road/track performances in 2016. Declarations for the at-large spots must be made by **Sunday, June 26th, 2016** to adrian.lambert@mountainrunning.ca

Note: See also the requirements for all Canadian national team members at the end of this document.



Selection Criteria Canadian Mountain Running 2016 National Teams



Selection for the 12th NACAC Mountain Running Championships July 10th, 2016 at the 'Race Cerro Gordo' in Tepatitlan, Jalisco, Mexico

Men:

- four men will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2015 and 2016.

Women:

- four women will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2015 and 2016.

Athletes wishing to qualify for the at-large spot **must submit an application** by **Sunday, May 1st, 2016** by email to adrian.lambert@mountainrunning.ca

Note: Preference will be given to athletes who have mountain running experience, including experience in previous national and international mountain running competitions, including the national championships and the regional mountain running qualifying series.

Selection must be accepted or declined by Saturday, May 6th, 2016.

Note: See also the requirements for all Canadian national team members at the end of this document. Note that unlike the Worlds Mountain Running Team, athletes who wish to compete at the NACAC Mountain Running Team are **not** required to be members of Athletics Canada.



Selection Criteria Canadian Mountain Running 2016 National Teams



Selection for the 13th World Long Distance Mountain Running Challenge June 18th, 2016 in Podbrdo, Slovenia

Senior Athletes

Men:

- three men will be selected based on the top three finishers at the Canadian Long Distance Mountain Running Championships at the Kal Park 50km Dirty Feet race in Vernon, BC on May 1st, 2016;
- two or more men will be selected by the committee “at-large” based on performances in any trail ultra, trail marathon or other long distance trail running races in 2015 or 2016, and based on results from the Regional Mountain Running Qualifying Series, Canadian Mountain Running Championships, NACAC Mountain Running Championships and World Mountain Running Championships in 2015 or 2016. If you are relying on race results from 2015, please also include more recent results which establish your current fitness from 2016.

Women:

- three women will be selected based on the top three finishers at the Canadian Long Distance Mountain Running Championships at the Kal Park 50km Dirty Feet race in Vernon, BC on May 1st, 2016;
- two or more women will be selected by the committee “at-large” based on performances in any trail ultra, trail marathon or other long distance trail running races in 2015 or 2016, and based on results from the Regional Mountain Running Qualifying Series, Canadian Mountain Running Championships, NACAC Mountain Running Championships and World Mountain Running Championships in 2015 or 2016. If you are relying on race results from 2015, please also include more recent results which establish your current fitness from 2016.

Athletes wishing to qualify for the team **must submit their results and apply** by **Sunday, May 1st, 2016** by email to adrian.lambert@mountainrunning.ca

Selection must be accepted or declined by Wednesday, May 4th, 2016.

Note: See also the requirements for all Canadian national team members at the end of this document. Note that unlike other national teams, athletes who wish to compete at the World Long Distance Mountain Running Challenge are **not** required to be members of Athletics Canada.



Selection Criteria Canadian Mountain Running 2016 National Teams



Selection for the 11th WMRA Youth Cup June 25th, 2016 in Janske Lazne, Czech Republic

Youth Athletes (16- to 17-years old as of 31 December, 2016)

Men:

- three boys will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2015 and 2016.

Women:

- three girls will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2015 and 2016.

Athletes wishing to qualify for the at-large spot **must submit an application** by **Sunday, May 1st, 2016** by email to adrian.lambert@mountainrunning.ca

Note: Preference will be given to athletes who have mountain running experience.

Selection must be accepted or declined by Saturday, May 6th, 2016.

Note: See also the requirements for all Canadian national team members at the end of this document. Note that unlike the Worlds Mountain Running Team, athletes who wish to compete at the NACAC Mountain Running Team are **not** required to be members of Athletics Canada.



Selection Criteria Canadian Mountain Running 2016 National Teams



Requirements for ALL Canadian Mountain Running team members

Eligibility:

ALL selected team members **must** be:

- (a) Canadian Citizens; and
- (b) members of the Canadian Mountain Running Association.

In addition, all athletes competing at the World Mountain Running Championships **must** be:

- (c) members of their provincial branch of Athletics Canada (e.g. BC Athletics, Athletics Alberta, Athletics Ontario, Fédération Québécoise d'Athlétisme, etc.).

Good standing and good behavior:

All athletes must be in good standing with the Canadian Mountain Running Association and must agree to abide by Athletics Canada Code of Conduct while representing Canada. Breaches of the Code of Conduct may result in an athlete being ineligible for future national teams.

Links:

Canadian Mountain Running Association: <http://www.mountainrunning.ca>

Athletics Canada: <http://www.athletics.ca>

Athletics Alberta: <http://www.athleticsalberta.com>

BC Athletics: <http://www.bcathletics.org>

Manitoba Athletics: <http://www.athleticsmanitoba.com>

Athletics New Brunswick: <http://www.anb.ca>

Newfoundland and Labrador Athletics: <http://www.nlaa.ca>

Sport North (North West Territories): <http://www.sportnorth.com>

Nova Scotia Athletics: <http://www.athleticsnovascotia.ca/>

Athletics Ontario: <http://www.athleticsontario.ca>

Sport PEI: <http://www.sportpei.pe.ca/>

Athlétisme Quebec: <http://www.athletisme.qc.ca/>

Saskatchewan Athletics: <http://www.saskathletics.ca/>

Athletics Yukon: <http://www.athleticsyukon.ca/>

Selection:

The national teams will be selected by the Canadian Mountain Running selection committee, whose decision is final.

Questions

Please direct questions to Adrian Lambert: adrian.lambert@mountainrunning.ca

Revisions

Subject to change without notice.

Last Updated: February 21st, 2016